

ALIGNMENT

ALIGNING WITH YOUR NEW LIFE THROUGH
COMMUNICATION

STEPPING UP TO YOUR NEXT LEVEL

CLAIM YOUR VOICE
SHARING YOUR GIFTS & EMBRACING YOUR
UNIQUENESS NOW

INTENTION

Daily Guided Meditation + Journals

Take Inspired Action Towards Intention

Submit Celebrations & Challenges

The Ascension Method

1. AWARENESS
2. ALIGNMENT
3. ASCENSION

1. INTENTION - AWARENESS
2. ATTENTION - ALIGNMENT
3. NO TENSION - ASCENSION

SESSION 1.

AWARENESS - CREATING YOUR NEW LIFE WITH MONEY AND ABUNDANCE

HEALING YOUR RELATIONSHIP WITH
MONEY

OPENING UP TO ATTRACT, RECEIVE AND
EXPERIENCE MORE ABUNDANCE

KEY TO EXPANSION:

ACKNOWLEDGE, CELEBRATE AND ENJOY
ALL THE MONEY AND ABUNDANCE YOU
HAVE ACCESS TO

1. NOTICE ANY JUDGEMENTS AND DISCOMFORT COMING UP: WHEN OTHERS ARE HAVING WHAT YOU WANT + YOU NOT HAVING IT

2. TUNE IN AND NOTICE IF THERE IS ANY
RESISTANCE BUBBLING UP:

A. CONNECTING WITH HAVING WHAT YOU
WANT - AS YOU ALREADY HAVE IT

B. THE PROCESS OF GETTING THERE

C. WHERE YOU ARE NOW + THE SPEED
OF YOUR SUCCESS

SESSION 2.
AWARENESS - CREATING YOUR NEW
LIFE WITH MONEY AND ABUNDANCE

CLEARING MONEY AND ABUNDANCE
BLOCKS

REMOVE SCARCITY-IMPRINTS,
LACK-MENTALITY AND
POVERTY-MINDSET

The importance of choosing that we live in a
supportive and friendly Universe

The Flow Chart: Beliefs Result Cycle

Circle of Learned Beliefs => Circle of New
Truth connected to Money

Peace Process - Paying Bills

Shamanic Journey with Energy Purifications + Visualization to Anchor

Full Circle:

1. Identify Blocks = Limitations and Fears
2. Clear out old negative information
3. Fill up with New energy

AWARENESS:

CREATING YOUR NEW LIFE WITH MONEY AND ABUNDANCE.

During the Group Healing, May 21, we focused on:

Clearing Money & Abundance Blocks.

Remove Scarcity-imprints, Lack-mentality & Poverty-mindset.

(Coming from our up-bringing, life experiences, education, media, culture, religion, political - it is in the collective field affecting all of us.... ancestors and past lives... if that is part of our belief system)

PREPARATIONS (I HAD ASKED YOU TO EMAIL ME THE ANSWERS TO THE QUESTIONS BELOW)

INSTRUCTIONS: TUNE IN AND WRITE DOWN:

1. Notice what comes up when you think about money and abundance.

Do you experience resistance when others are having what you want to have?

... any thoughts, sensations, images coming up?

...it is not fair, they do not deserve it....

2. HOW DO YOU FEEL? ANY FEARS OR DISCOMFORT COMING UP:

A. WHEN YOU THINK OF ALREADY HAVING WHAT YOU WANT TO HAVE?

B. WHEN YOU THINK OF THE PROCESS OF GETTING TO WHERE YOU WANT TO BE AND HAVE WHAT YOU WANT TO HAVE?

C. HOW DO YOU FEEL ABOUT WHERE YOU ARE NOW + THE SPEED OF YOUR SUCCESS?

3. DECIDE ON 3 MAIN THEMES YOU WANT TO LET GO OF DURING THE GROUP HEALING + SEE YOURSELF (ALREADY NOW) FULLY RELEASING IT DURING THE GROUP HEALING SESSION. + DECIDE ON 3 SPECIFIC RESULTS YOU WOULD LIKE TO SEE MANIFEST AS A RESULT OF THIS CLEARING.

SESSION 3.
AWARENESS - CREATING YOUR NEW
LIFE WITH MONEY AND ABUNDANCE

Q&A + COACHING - RECEIVING
GUIDANCE RELATED TO THE THEME

1. Success Arrow = Endgoal +
Milestones
2. Backward Planning Method (12
months, 90 days, 30 days + 1 week)
3. The 3 chunk Method
4. Vision Board
5. Daily Workday Planning method

A.

Measurable End Goal + 1st
Milestone Success Arrow

B.

THE 3 most important Areas to
Focus on that will support your
Business + ranked Priority &
Frequency

C.

Vision Board with 5 items

ALIGNMENT

ALIGNING WITH YOUR NEW LIFE THROUGH
COMMUNICATION

SPIRITUAL MENTORING:

STEPPING UP TO YOUR NEXT LEVEL

CLAIM YOUR VOICE
SHARING YOUR GIFTS & EMBRACING YOUR
UNIQUENESS NOW

1. KNOW ABOUT YOU, SEE AND HEAR
YOU - AWARENESS
2. EXPERIENCE, RECEIVE YOUR GIFTS -
ALIGNMENT
3. HIRE/INVEST/PARTNER - ASCENSION

Subject/Headline: Transform Your Business & Impact: Free 45-Min Coaching Session.

Are you ready to take your purpose-driven business to the next level?

If you've been feeling stuck, overwhelmed, or like your business isn't growing as fast as you'd hoped, I'd love to help you create a major breakthrough.

For a limited time, I'm offering a **FREE 45-minute Transformational Spiritual Business Coaching Session** where we'll work together to:

1. **Create a crystal-clear vision** for your "Soulful Business Success" and the perfect lifestyle you want your business to provide.
2. **Uncover hidden challenges** that may be sabotaging the growth of your purpose-driven business.
3. Leave the session **renewed, energized, and inspired** to turn your business into an authentic, highly profitable, revenue-generating machine that allows you to expand your impact.

This is your chance to align your business with your soul's purpose and create the success you've been dreaming of.

Spots are limited, and I can only offer this to a handful of people right now.

If this sounds like exactly what you need to take your business to the next level, just hit reply and type 'YES.' I'll personally follow up with the next steps to schedule your session!

Warmest Regards,

Eliza - QUANTUM Expansion!!!

5 STEP SUCCESSFUL SALES METHODOLOGY

1. CONNECT & WELCOME & MENU
2. ASK QUESTIONS AND LISTEN: CLARITY CUSTOMERS WANTS
3. ASK QUESTIONS AND LISTEN: CLARITY PROBLEMS
4. SOLUTION - CLEAR OFFER
5. YES/NO - COLLECT MONEY/CONTRACT

UNDERSTAND = ASK LISTEN
GIVE - COME FROM LOVING SERVICE
AUTHENTIC - PRESENT
WIN-WIN-WIN
PRESENCE - QUALITY
BELIEVE IN THE PROJECTS
CAMPAIGNS

1. DECIDE/PLAN/PREPARE - Awareness
2. CREATE/WRITE/SHOOT - Alignment
3. PUBLISH/SHARE/GO LIVE - GET THE
GIFTS OUT IN THE WORLD - Ascension

LEAD

GOOD VIBE
POWERHOUR DAILY
ENGAGE - CONTRIBUTE - INVITE
KNOW THE RULES IN GROUPS

GROW LIST - RELATIONSHIPS
AUDIENCE - PARTNERS
GIVE VALUE

MESSY ACTIONS BETTER THAN NO
ACTION IF YOU ARE STUCK

ACT - TO CREATE MOMENTUM

ACT - TO GAIN CLARITY

ACT AS IF - BECAUSE IT IS

PROGRESS WILL LEAD TO PERFECTION -
FOCUS ON PROGRESS

ASK AND YOU SHALL RECEIVE

SEEK AND YOU SHALL FIND

KNOCK AND THE DOOR SHALL OPEN

KEY: ASK FOR FEEDBACK

WHAT HAVE YOU FOUND MOST
VALUABLE WITH OUR TIME
TOGETHER?

NEXT SESSION - GROUP HEALING:

TRANSMUTING FEAR OF
SPEAKING YOUR TRUTH,
SHOWING UP AUTHENTIC &
ASKING FOR WHAT YOU WANT

The Theme Of the Month:

ALIGNMENT

Aligning with your New Life through Communication.

TOPIC for the Group Healing Session:

Transmuting Fear of Speaking your Truth, Showing up Authentic and Asking for what you want NOW.

PREPARATIONS:

Please, Reply to this email latest on Monday, June 16, with the Answers to these Questions.
note. there is no right or wrong way to answer them...

1. When you think of **Speaking Your Truth** - what is coming up? ...any thoughts/physical sensations/discomfort/feelings/images/memories... is there any fear that you could be punished or anything bad could happen in the FUTURE or is there anything from the PAST showing up? It can be imaginary or ideas or concepts or rules or.... just share what ever comes up.
2. When you think of **Showing up Fully Authentic - Sharing your Gifts and Embracing your Uniqueness** - what does that evoke? Any Fears of how others would/could/will react?
3. When you think of Speaking your Truth when **Asking for what you Want** - what emerges for you? Is there any Resistance to Being Weak or asking for help? A Need to be seen as Powerful? ...or Fear of being seen too powerful or needy or greedy?
4. How about You... **Being Handsomely Financially Rewarded?**
5. ... Showing up in a **New Way** - Bigger, bolder or just different... ?

6. Tune in and connect with your End-goal from the **Success** Arrow and any/some/all of the Items on your **Vision** board and/or your **Intention**. What if you could have that now? Can you **Own that reality NOW?**

7....Having a **Profitable Business** that makes the revenue that covers all the cost in your desired business + **Provides for the Lifestyle you want?**

8. ...Having to **Delegate, Hire, Fire** people - what comes up - or would you prefer to do everything alone?

9. ...Doing **Marketing?** Making **Sales?** Ask Customers/Clients for **Money?**

See you at the Group Healing on Wednesday.

Much Love

Eliza